

KEEP YOUR DETERMINATION, TRANSFORM THE STRUGGLE.

# InSPIRItational<sup>®</sup> Living

FOUNDATIONAL ENERGY HEALING CLASS WITH KAREN FULLERTON



**Sept. 18 & 19: 1:00pm-4:00pm** (USA EST)  
LIVE & ONLINE/RECORDED. REG: ~~\$499~~, NOW \$197\*

**REGISTRATION DEADLINE 9/17 @ [KarenFullerton.com/Sessions](http://KarenFullerton.com/Sessions)**

\*Foundational price/limited time.

*Emotions are energy. They influence your future experiences more than positive thinking. Learn how to heal and harness their power within you!*

## Learn:

- How InSPIRItation<sup>®</sup> works. A philosophy to free yourself from emotional struggle, sustain motivation, and become emotionally resilient—combining basics of spirituality, energy, physics, and personal awareness.
- How to utilize this process to set healthy boundaries, bring clarity to decision making for yourself, and truly *feel* empowered and confident without having to talk yourself into it. (Why positive thinking can't do it alone)
- Muscle Reflex Testing as a tool to self-direct stages of emotional processing.
- As a Certified LifeLine practitioner, I will teach a step-by-step process for how to immediately calm and neutralize reactive emotions through your nervous system and reduce future triggers utilizing Dr. Weissman's LifeLine<sup>®</sup> Ignite process. (\$250 value)

CONTENT FEATURES



as seen on Gaia's E-motion film  
and Netflix documentary, HEAL

## In addition to self-healing and growth:

LifeLine Ignite steps may be used by coaches, massage therapists, or other service professions as an added practice tool for their clients. Inquire about CE credits.



## **Karen Fullerton, MBA, CLP, RMT**

Founder of The Sergei Foundation nonprofit, marketing strategist, author, speaker, Reiki Master Teacher & Certified LifeLine practitioner.

Regardless of titles, I'm an Energetic Catalyst, igniting positive change for growth. Bridging business and healing, science and spiritual, my passion is to help women like you become their best emotional self and live the life you dream about!